



Times Remembered
Betty A. Young

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Cookbooks

When I was looking for a particular cookbook the other day, I came across one of the oldest ones that I had purchased at a thrift store a number of years ago. I just had to smile when I saw it. The pages were yellow; the binding was torn and it looked like cake batter had splattered some of the pages. The tabs suggested the book had been well used. I believe a cookbook is like a bible; if it's been well used, it is a sign of an excellent cook and a bible that is worn, highlighted and written in has been studied and well-used by someone who loves the Lord.

My mind raced back several years as I visualized the lady who had owned this cook book. Was she short or tall, thin or heavy? How many children did she have and what were their favorite dishes. I just knew she was loving and caring; probably like my

mother, because by this time she had all of her favorite recipes memorized in her head. It was a pinch of this and a pinch of that in most cases.

Our family ate hearty meals; and we grew most of our food on the farm. Dad butchered hogs and a beef and took it to the slaughter house to be cut into steaks, roasts, pork chops and wrapped in butcher paper ready for the freezer.

Meat was staple for us, especially steak, roast beef and pork because we raised the beef and hogs on the farm. But usually we ate fried chicken on Sundays with mashed potatoes, cream gravy, green beans, slaw and corn bread. Mom taught me how to cut and split a chicken to fry. She liked to fry the pieces of chicken in hot lard, (sometimes Crisco), after dredging them in a flour and seasoning. Sometimes she would boil the chicken and make dumplings from scratch, a true family favorite. She always made big batches of food and saved the leftovers for supper.

It was a comfort during those long cold winters to know that we had steaks, chops and other meats tucked away to be prepared. Although we had plenty in the freezer Dad still loved to hunt wild game such as: rabbit, squirrel, wood chuck or ground hog. He even ate raccoon, muskrat and turtle. Dad said that during the "Great Depression," you would about eat anything. Food was so scarce during those times. He said a family that

lived in the "holler" above them would have starved to death if it hadn't been for his Dad having an abundance of corn in his crib. He gave those people corn to have ground to make mush and corn bread and they were glad to get it. It was a sad time.

One of my most vivid memories of Dad butchering something was when he caught a turtle in the creek close to the house or after a heavy rain one day when a turtle was in the middle of the road. He stopped the truck, picked up the turtle by the tail and threw it in the bed of the truck. That large snapping turtle never saw his future as an entrée coming, poor thing.

When we got home he got the pliers, and was able to get the turtle to bite down on them, then he cut his head off; and I had to pull on the pliers while he cut the turtle's head off. Whew! Then I had to help skin the turtle. I've heard that if a snapping turtle gets hold of your finger that it won't let go until the sun goes down. True or False? I don't know, but I sure was doing some thinking about it while I was holding those pliers. (Dad raised us to be brave, he wanted us to not be afraid of anything). Mom fried the turtle meat just like chicken, in fact Dad said it tasted like chicken; I wouldn't try it to see!

Yes, I was lucky to have a "stay at home Mom" in those days. Her well prepared meals and canned treasures from our large garden was plenty of food for us at every meal. We were blessed!

ESTILL LIBRARY BOOKMOBILE SCHEDULE
246 Main Street Irvine, KY – Call 723-3030

SEPTEMBER 10-14, 2018

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|-----------------------|
| Richmond Rd. Northwood Crestview Ct. Wall Street | Race Track Rd. Harris Ferry Cressy Stacy Lane | Wisemantown Station Camp Red Lick Crooked Creek | Senior Citizens Doe Creek Buck Creek Barnes Mtn. South Irvine | No Bookmobile Service |

"Mommie & Me" and Storytime Wednesdays, 10:00 a.m. & Fridays, 10:30 a.m.

I WANT TO MEET YOU!

I'm inviting you to come out to talk with me and tell me what you're looking for in your next Estill County Judge.

Where: The Real McCoy Parking Lot at Reges Road
When: Tuesday, September 11th, 4:30 – 7:00 pm



I'll be passing out cold drinks and grilling hot dogs. Stop by, bring your questions, your suggestions and your ideas.

I want to talk with you about my plans to take Estill County in a New Direction!

Paid by Rhonda Childers for Estill County Judge/Executive



ESTILL COUNTY COMMUNITY CHORUS:

It's hard to believe that Summer is ending, and Fall is around the corner! So, that could only mean one thing, and that is, it is time for the Estill County Community Chorus, to meet again for our rehearsals, to sing and learn some new music, and maybe some music that has been put on the back burner. No matter which, we are inspired, challenged, and led by our Director to master our talents and skills, to become better singers and artists, to prepare for another upcoming Public Annual Christmas Concert. MUSIC is being selected, BUT Something is MISSING, and that would be YOU!!!!

WELCOMING MEMBERS who New, Past, Present, Additional Voices COME GIVE US A TRY AND JOIN US!!!! NO AUDITIONS ARE REQUIRED.



Our first rehearsal starts back for our Fall Semester, **On Thursday, September 06, 2018 at 7:00 p.m.** We practice every Thursday night, except Thanksgiving, One night a week, for approximately an hour, from 7:00 p.m. – 8:00 p.m., at Irvine United Methodist Church – 243 Main St., Irvine, KY.

Rose D. Daniels, Ph. D – Chorus Director

We will be performing our Christmas Concert on Sunday, December 02, 2018 at 3:00 p.m.

For More Info Call, or check our Facebook page: Robin Reed, ECCC President – (606)-723-4678, Debbie Carlyle, ECCC Public Relations – (606)-531-0465



ESTILL COUNTY SCHOOLS MENUS
Milk is included with every meal; plus assorted juices included with breakfast

| MONDAY Sept. 10 | TUESDAY Sept. 11 | WEDNESDAY Sept. 12 | THURSDAY Sept. 13 | FRIDAY Sept. 14 |
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SOUTH IRVINE EARLY LEARNING CENTER BREAKFASTS

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|----------------------------|---|----------------------------|----------------------------------|------------------------------------|
| Sausage Biscuit Juice Milk | Yogurt, Apples Animal Crackers Cheese Stick | Maple Waffles Peaches Milk | Biscuit & Gravy Hash Browns Milk | Blueberry Muffin Fruit Juice, Milk |
|----------------------------|---|----------------------------|----------------------------------|------------------------------------|

SOUTH IRVINE EARLY LEARNING CENTER LUNCHES

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|--|---|--|--|--|
| Grilled Chicken Roll, Green Beans Mac & Cheese Fresh Pears, Milk | Taco w/Shell Salsa, Corn Lettuce, Tomatoes Side Kicks, Milk | Hamburger on Bun Baked Beans Tater Tots Cantaloupe, Milk | Pizza Hut Garden Salad Pineapples Milk | Corn Dogs California Blend Mandarin Oranges Milk |
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ESTILL SPRINGS BREAKFASTS

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| Toast/Cocoa Puffs or Toast Cinn. Pop Tart, Pears Asst. Juice Milk Choices | Pancake Porky/Syrup or Cinn. Toast Crunch/Graham Snacks, Applesauce Asst. Juice, Milk | Biscuit/Gravy/Sausage Pattie or Biscuit/Lucky Charms Pineapple Asst. Juice, Milk | Yogurt/Cheese Sticks/Graham Snacks or Trix/Strawberry Pop Tart Mandarin Oranges | Asst. Muffins Fruit Loops Peaches Asst. Juice Milk Choices |
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ESTILL SPRINGS LUNCHES

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| Mini Corn Dogs French Fries Pork 'N Beans Applesauce Milk | Cheese Breadsticks Marinara Sauce Normandy Blend Romaine Salad/Ranch Sidekicks or Pineapple | Sloppy Joe/Bun Potato Smiles Baby Carrots/Dip Apple Milk | Grandparents' Dinner Chicken Pattie/Bun Mashed Potatoes Green Beans Pears, Cookie, Milk | Pizza Hut Pizza Corn Grape Tomatoes/Dip Mandarin Oranges Milk |
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WEST IRVINE BREAKFASTS

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| Breakfast Pizza or Cinn. Toast Crunch Pineapple Tidbits Juice, Milk | Biscuit & Gravy or Lucky Charms Grapes Juice, Milk | Mini Cinni Rolls or Mini Choc. Donuts or Cocoa Puffs Strawberry Cup | Bacon, Egg & Cheese Biscuit or Cinn. Toast Crunch, Peach Cup Juice, Milk | Assorted Muffins or Cocoa Krispies Apple Juice, Milk |
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WEST IRVINE LUNCHES

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| Chicken Nuggets Roll, Green Beans Mashed Potatoes Pineapple Tidbits Milk | Deli Turkey Wrap Let./Tom./Cheese Potato Wedges Cucumber/Dip Sidekick or Apple | Lasagna, TX Toast Garden Salad Carrot Sticks/Dip Strawberry Cup Milk | Walking Taco Toast or Calzone Let./Tom./Cheese Refried Beans Peaches, Milk | Pizza Hut Pizza Corn Broccoli/Dip Apple, Milk Ice Cream |
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ESTILL COUNTY MIDDLE SCHOOL BREAKFAST

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| Pancake Porky Mini Wheats, Cereal Bars, Pop Tarts Apples, Juice, Milk | Oatmeal & Toast Cinn. Toast Crunch Cereal Bars, Pop Tarts, Pears | Cream Cheese Bagels, Lucky Charms Cereal Bars, Pop Tarts, M. Oranges | Bacon, Egg & Cheese Biscuit Cinn. Chex, Pop Tarts, Banana | Choc. or Cinn. Muffins, Cocoa Puffs Cereal Bars, Pop Tarts, Pineapples |
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ESTILL COUNTY MIDDLE SCHOOL LUNCH

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| Popcorn Chicken Roll Cheesy Potatoes Steamed Broccoli Apples/Mixed Fruit Milk or Juice | Hot Dog on Bun or Turkey/Cheese Sand. Potato Wedges Cucumbers/Dip Oranges/Side Kicks Milk or Juice | Pizza Hut Pizza Corn Carrot Sticks/Dip Grapes Strawberry Cups Milk or Juice | Lasagna w/Garlic Toast or Calzone Garden Salad w/ Grapes, Tomatoes Green Beans Banana, Applesauce | Mini Corn Dogs or Mr. Rib on Bun Baked Beans Slaw Peaches/Pineapples Milk or Juice |
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ESTILL COUNTY HIGH SCHOOL BREAKFAST

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| Sausage, Egg & Cheese Sliders Cereal, Cereal Bars Pop Tarts, Mini Choc. Donuts | Breakfast Pizza Pop Tarts Donut Holes Yogurt Parfait Oranges or Apples | Bacon, Egg, & Cheese Biscuit Pop Tarts, Yogurt Parfait, Mini Choc. Donuts, Fruit | Sausage Biscuit Pop Tarts Yogurt Parfait Mini Choc. Donuts Oranges or Apples | Eggstravaganza Wrap, Pop Tarts, Cereal Cereal Bars Mini Choc. Donuts |
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ESTILL COUNTY HIGH SCHOOL LUNCH

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| Cheeseburger/Bun Chili Dogs Let./Tom./Pickles Potato Wedges Baked Beans Tropical Fruit Sidekicks Juice, Asst. Milk | Meatball Marinara on Bun, Chips Pizza Hut Pizza Let./Tom./Peppers Roasted Carrots Green Beans Cantaloupe Applesauce | Burrito Bar Let./Tom./Cheese Refried Beans Corn, Salsa Peaches Pineapple Juice Assorted Milk | Chicken Alfredo w/Breadstick Mr. Rib on Bun Steamed Broccoli Corn, Pears Grape Tomatoes Applesauce Juice, Asst. Milk | Ravioli w/Breadstick Fish on Bun Garden Salad California Blend Mandarin Oranges Strawberry Cup Juice Assorted Milk |
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Offered Daily: Pizza Line Sandwich Box, Salad Box

Little Mountains
13TH ANNUAL
COIN & KNIFE SHOW
Buy, Sell or Trade
SATURDAY, OCT 6TH
8:00AM to 5:00PM
Estill Co. Fairgrounds Event Building
38 S. Irvine Road, Irvine, KY
Free Admission and Free Parking
Call (606) 723-6682 to reserve tables.
40-table show -- \$15.00 per table
(There will be concessions sold)