

“Good Old Days” involved cheap housing, rattletrap cars, tiny TV’s



America’s Heartland
Roger Alford
 RogerAlford1@GMail.Com

An old man took inventory of his life with his wife of 50 years.

“When we were first married,” he recalled, “we had a cheap house, a rattletrap of a car, slept on the floor, and watched a 10-inch black and white TV, but it was worth it because I was able to hang out with a beautiful 23-year-old.”

“After 50 years of marriage,” he said, “we have a \$1 million home, a \$50,000 car, a king-size bed and a 60-inch TV, but I’m sharing company with a 73-year-old woman.”

A bit perturbed, the old gal told her husband he could always go out and find himself a 23-

year-old. “But, if you do,” she told him, “I’ll see to it that you’ll be living in a cheap house, driving a rattletrap of a car, sleeping on the floor, and watching a 10-inch black and white TV.”

I received that old story from my friends Don and Betty Bishop, an Owenton, Ky. couple who have been married for 62 years. I couldn’t help but laugh at their joke, mainly because I could easily envision the two of them good-naturedly ribbing each other in such a feisty exchange.

The Lord has blessed Don and Betty over the years. It seems to me that they serve as a testament to the scripture that says: “Delight yourself in the Lord, and he will give you the desires of your heart” (Psalm 37:4).

Don and Betty have a comfy home and furnishings. They have nice cars. They even have a great TV. But they wouldn’t categorize those kinds of things as the desires of their hearts. No, the desires of their hearts are the irreplaceable things, a church family who loves them dearly, a Heavenly Father who has promised never to

leave them nor forsake them, a Savior who has given them the assurance of eternal life, a son and daughter-in-law who take great care of them as the aches and pains of old age begin to set in, and, of course, they have each other.

I watched as Don and Betty took inventory of their lives in a worship service at South Fork Baptist Church here while back. Happy tears pooled in their eyes as they recounted how the Lord had indeed given them the desires of their hearts.

With the arrival of the new year, perhaps this would be a good time for all of us to take such an inventory of our own lives. I expect we’d likely find that the Lord has given us the desires of our hearts as well.

Like the old fellow in Don and Betty’s joke, we’d may just realize life doesn’t get any better than having a 73-year-old wife with a big-screen TV.

Roger Alford offers words of encouragement to residents of America’s heartland. Reach him at rogeralford1@gmail.com.

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Span: _ _ _

Block: _ _ _

Take On: _ _

Sorrow: _ _

PECOS: _ _ _

TREED: _ _ _

LACKET: _ _

MOGOL: _ _

TODAY’S WORD

_ _ _ _ _

ESTILL LIBRARY BOOKMOBILE SCHEDULE

246 Main Street Irvine, KY – Call 723-3030

JANUARY 7-11, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mountain Crest Kirkland Ave. Millers Creek Cow Creek	Winston Trotting Ridge Sandhill Rice Station	No Bookmobile Service	Spout Springs Hudson Mill Rd. Old/New Fox Hargett	South Irvine Early Learning Center

“Mommie & Me” and Storytime Wednesdays, 10:00 a.m. & Fridays, 10:30 a.m.

ESTILL COUNTY SCHOOLS MENUS

Milk is included with every meal; plus assorted juices included with breakfast

MONDAY Jan. 7	TUESDAY Jan. 8	WEDNESDAY Jan. 9	THURSDAY Jan. 10	FRIDAY Jan. 11
SOUTH IRVINE EARLY LEARNING CENTER BREAKFASTS				
Breakfast Pizza Orange Juice Milk	Pancake Party Apples Milk	Cinnamon Toast Crunch Cereal Peaches, Milk	Omelet & Toast Oranges Milk	Blueberry Muffins Fruit, Grape Juice Milk
SOUTH IRVINE EARLY LEARNING CENTER LUNCHES				
Grilled Chicken /Roll Green Beans Mac & Cheese Fresh Pears, Milk	Hamburger on bun French Fries Peaches Milk	Taco w/Chips Salsa, Corn Lettuce, Tomatoes Side Kicks, Milk	Pizza Hut Garden Salad Pineapples Milk	Corn Dogs California Blend Mandarin Oranges Milk
ESTILL SPRINGS BREAKFASTS				
Cinnamon Poptart Cocoa Puffs Pears Asst. Juice Milk Choices	Pancake Porky/Syrup or Cinn. Toast Crunch/Graham Snacks, Applesauce Asst. Juice, Milk	Yogurt, Cheese Sticks, Graham Snacks or Trix/Toast, Mandarin Oranges Asst. Juice, Milk	Biscuit/Gravy/Sausage Pattie or Biscuit/Sausage, Lucky Charms, Pineapples Asst. Juice, Milk	Funnel Cake or Fruit/ Loops/Poptart Peaches Asst. Juice Milk Choices
ESTILL SPRINGS LUNCHES				
Chicken Nuggets, Roll Mashed Potatoes Green Beans Pineapple Tidbits Milk Choices	Deli Turkey/Cheese/ Bun, Chips Pork ‘n Beans Steamed Broccoli Peaches, Milk Choices	Rotini/Garlic Toast CA Blend Cauliflower/Dip Pears Milk Choices	Pizza Hut Pizza Corn Cucumber/Dip Mandarin Oranges Milk Choices	Pizza Munchable Pepperoni Mozz. Cheese Lozo Bread Baby Carrots/Dip
WEST IRVINE BREAKFASTS				
Pop Tarts & Cereal Mandarin Oranges Juice Milk	Dutch Waffle or Cereal Pears Juice, Milk	Bacon, Egg & Cheese Biscuit or Cereal Applesauce Juice, Milk	Donuts or Cereal Peaches Juice, Milk	Assorted Muffins or Cereal Strawberry Cups Juice, Milk
WEST IRVINE LUNCHES				
Chicken Pattie/Bun Potato Smiles Baked Beans Strawberry Cup Milk	Fiestada Pizza Normandy Blend Steamed Broccoli Applesauce Milk	Chicken Noodle Soup, Gr. Cheese Carrots/Dip Oranges Milk, Crackers	Hamburger/Bun French Fries Pork & Beans Lettuce & Tomato Pineapple Tidbits	Pizza Hut Pizza Corn Cucumbers/Dip Apple Milk

ESTILL COUNTY SCHOOLS MENUS

Milk is included with every meal; plus assorted juices included with breakfast

<p style="text-align: center;">Thursday, January 3 South Irvine Preschool</p> <p>Breakfast: Biscuit & Gravy, Hash Browns, and Milk. Lunch: Chicken Pattie on Bun, Potato Smiles, Peaches, and Milk.</p> <p style="text-align: center;">Estill Springs Elementary</p> <p>Breakfast: Breakfast Pizza, Cocoa Puffs, Pears, Asst. Juice, and Milk Choices. Lunch: Cheese Pizza, Corn, Steamed Broccoli, Mandarin Oranges, Milk Choices.</p> <p style="text-align: center;">West Irvine Intermediate</p> <p>Breakfast: Pancake Porky or Cereal, Peaches, Juice, and Milk. Lunch: Corn Dog, Potato Smiles, Steamed Broccoli, Applesauce and Milk.</p> <p style="text-align: center;">Estill County Middle School</p> <p>Breakfast: Breakfast Bun, Trix Cereal, Cereal Bars, Assorted Pop Tarts, Banana, Asst. Fruit Juices, and Milk Choices. Lunch: Chicken Noodle Soup, Grilled Cheese, Broccoli and Cauliflower Bites, Carrot Sticks w/dip, Tropical Fruit, Oranges, Milk or Juice.</p> <p style="text-align: center;">Estill County High School</p> <p>Breakfast: Sausage Biscuit, Pop Tarts, Yogurt Parfait, Donut Holes, Oranges or Apples, Juice, Milk. Lunch: Chicken Alfredo, Breadstick, Mr. Rib on Bun, Steamed Broccoli, Corn, Grape Tomatoes, Pears, Applesauce, Juice/Assorted Milk.</p>	<p style="text-align: center;">Friday, January 4 South Irvine Preschool</p> <p>Breakfast: Banana Muffin, Fruit, Apple Juice, and Milk. Lunch: Pizza, Corn, Pears, and Milk.</p> <p style="text-align: center;">Estill Springs Elementary</p> <p>Breakfast: Cinnamon or Chocolate Muffins, Fruit Loops, Peaches, Asst. Juice, and Milk Choices. Lunch: Grilled Cheese Sandwich, Potato Smiles, Baby Carrots/Dip, Applesauce, and Milk.</p> <p style="text-align: center;">West Irvine Intermediate</p> <p>Breakfast: Assorted Muffins or Cereal, Applesauce, Juice, and Milk. Lunch: Five Cheese Pizza, Corn, Carrots/Dip, Apple, and Milk.</p> <p style="text-align: center;">Estill County Middle School</p> <p>Breakfast: Egg Sliders, Cinn. Toast Crunch Cereal, Cereal Bars, Assorted Pop Tarts, Mandarin Oranges, Asst. Fruit Juices, and Milk Choices. Lunch: Big Daddy Pizza or Buffalo Chicken Pizza, Garden Salad w/Grape Tomatoes, Corn, Pineapples/Sidekicks, Milk or Juice.</p> <p style="text-align: center;">Estill County High School</p> <p>Breakfast: Eggstravaganza Wrap, Pop Tarts, Cereal & Cereal Bars, Mini Chocolate Donuts, Oranges or Apples, Juice, Milk. Lunch: Oven Roasted Chicken w/Roll, Fish on Bun, Mashed Potatoes, Green Beans, Cantaloupe, Applesauce, Juice, Assorted Milk.</p>
--	--

ESTILL COUNTY MIDDLE SCHOOL BREAKFAST				
Dutch Waffle, Choc. Mini Wheats, Cereal Bars, Pop Tarts, Mixed Fruit	Breakfast Bosco Frosted Flakes/Reeses Puffs, Cereal Bars, Pop Tarts	Biscuit & Gravy, Lucky Charms, Cereal Bars, Poptarts Applesauce	Scrambled Eggs & Toast, Cocoa Puffs Cereal Bars, Pop Tarts, Orange Slices	Donut, Apple Cinn. Cheerios, Cereal Bars, Pop Tarts, Peaches, Juice, Milk
ESTILL COUNTY MIDDLE SCHOOL LUNCH				
Chicken Tenders or Buffalo Tenders Mashed Potatoes Green Beans Mandarin Oranges/ Apples, Milk or Juice	Sausage Link Biscuit & Gravy Hash Brown Grape Tomatoes Cooked Apples Peaches	Pizza Hut Pizza Broccoli w/Dip Corn, Fudge Bar Mixed Fruit Pineapples Milk or Juice	Chili, Gr. Cheese Cauliflower Bites Carrot Sticks Mandarin Oranges Sidekicks Milk or Juice	Boscos or Chicken Quesadilla Marinara Sauce Broccoli & Cauliflower w/Dip Pears, M. Oranges
ESTILL COUNTY HIGH SCHOOL BREAKFAST				
Breakfast Honey Bun, Cereal, Cereal Bars, Pop Tart, Mini Choc. Donuts Oranges or Apples	Pancake Porky Pop Tarts Donut Holes Yogurt Parfait Apples or Oranges	Bacon, Egg, & Cheese Biscuit Pop Tarts, Yogurt Parfait, Donuts Apples or Oranges	Chicken Biscuit Pop Tarts, Yogurt Parfait, Donut Holes Oranges or Apples Juice, Milk	Dutch Waffle, Poptarts, Cereal, Cereal Bars Mini Choc. Donuts Oranges or Apples
Offered Daily: Pizza Line Sandwich Box, Salad Box				
ESTILL COUNTY HIGH SCHOOL LUNCH				
Pepperoni Calzone Chicken Quesadilla Marinara Sauce Glazed Carrots Normandy Blend Tropical Fruit Sidekicks Juice/Asst. Milk	Hot Ham & Cheese Pizza Hut Pizza Tater Tot Baked Beans Strawberries Blueberry Applesauce Juice, Asst. Milk	Chicken Tenders, Roll Spicy Chicken/Bun Tater Tot Baked Beans Pineapples Peaches Juice, Asst. Milk	Chef Bradley’s Spaghetti, Breadstick Mr. Rib on Bun Garden Salad Corn Pears Applesauce Juice, Asst. Milk	Asian Chicken, roll Fish on Bun Egg Roll & Rice Stir Fry Vegetables Glazed Carrots Mandarin Oranges Pineapples Juice, Asst. Milk

Specials Each Wednesday

New Menu Items

T-Shirts

Breakfast or Dinner Anytime

Homemade Desserts

Bison

WIGWAM

Monday-Thursday, 7 am-9 pm
 Friday & Saturday, 7 am-10 pm
 Sunday, 8 am-9 pm

Since 1957

723-3240

Eat In Carry Out Delivery

Home of the Country Boy

JANETTE MCGREAL, REALTOR

KELLER WILLIAMS LEGACY GROUP

As a full time professional real estate agent, I pride myself on offering superior personal service before, during and after your transaction. Knowledge, commitment, honest, expertise and professionalism are the cornerstone of my business.

If you have questions on buying your new dream home or if you are considering selling, please contact me at:

KW LEGACY GROUP
 KELLERWILLIAMS REALTY

Janette McGreal, REALTOR
 Keller Williams Legacy Group
 230 Geri Lane, Richmond, KY
 Phone 859-358-1711
 janettemcgreal@gmail.com

Check out my website at
<http://janettemcgreal.kw.com>

This month’s promotional giveaway!
 Free Fitbit and Fitness magazine! Read on how to receive!
<https://janettemcgreal.ky.com/2018/10/05/free-fitbit-and-12-month-magazine-subscription-to-fitness/>