



Times Remembered

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First and foremost, thanks to all of you who read my column every week? I appreciate various ones taking time to tell me you enjoy the column. It has been 10 years this month since I begin writing, "Times Remembered."

I wish you the best in 2019 to each and every one who read weekly of the ramblings, recollections, and reminiscences. I wish everyone good health and good cheer.

Many concerns are happening in our country now; namely the shutdown of the federal government. Many did not receive a paycheck this past week. Most everyone knows that my husband and I are retired federal employees and this happening really concerns me. I've seen people who aren't going to be able to pay their mortgage or car payment. Many don't have money for food! It's a terrible thing to punish federal employees for nothing they

January Joys

did; I sure hope it ends shortly!

I dare say that many of our putative leaders in Washington seem to be absolutely clueless on budgetary matters and pretty much everything else. I simply wish these elected officials, all matters of party, perspective, and persuasion aside, had my life's work experiences or those I suspect most of you have had as well. The president wouldn't have a clue on how to skin a rabbit, load and shoot a shotgun, slop hogs, pull weeds, pluck a chicken, or hoe a row of tobacco or corn. The same is likely true for well over half of the members of the Senate and the House. They are by and large out-of-touch elitists who know little of the common man, have lost an understanding of the goodness and uplifting nature of a staunch work ethic. How far have we gone, and in the wrong direction from men like Theodore Roosevelt, Franklin Roosevelt and Jimmy Carter. That's my opinion.

January is basically a grim and gray month with an abundance of snow; we are having rain, rain and more rain. There's work to do inside like quilting, and knitting, but I love the outdoors even in the winter. I can't stay outside as long as I used to, but I love walking in the fields and woods like I did as a kid. I ac-

companied my Dad just about everywhere on the farm; from breaking ice on the creek for the cattle to killing hogs.

I spent hours alone riding my stick horse from one hill to another hill and hollow on our farm. Mom would pack me a sack lunch and I'd set out on my stick horse just above our house and I'd journey across the ridge, down the hollow, then back up on the next ridge and finally into the meadow just below my Grandpa's house where I stopped to sit on a big rock to eat my cheese sandwich. I dreamed of becoming a doctor or lawyer and of traveling to many famous places to visit.

Along the way I saw squirrels, rabbits and flushed a covey of quail occasionally in an overgrown field. I thought nothing of covering three or four miles either walking or running; most of it pushing through briar thickets and dense brush or else climbing steep ridges. From the time I was a kid I loved to spend time in the woods and fields on the farm.

Our world is a different place; it is not safe for kids to experience many of these things of dreams and imagination. Farms have become subdivisions and small game has decreased, especially rabbits and quail.

Oh! Those Enduring January Joys!

Fences keep animals in only if the gates are closed



America's Heartland

Roger Alford
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A kangaroo had been getting out of his enclosure at the zoo every night.

Knowing that he could jump really high, the zookeepers decided to raise the fence 10 feet.

However, they were amazed to find the kangaroo was out again the next morning. So they raised the fence another 10 feet.

Amazingly, the kangaroo still got out.

So, they raised the fence another 10 feet. Again, the kangaroo escaped.

The other animals asked the kangaroo how high he thinks they'll make the fence.

"At least 50 feet," he said, "unless someone starts locking the gate at night."

In biblical times, fences generally weren't built so much to keep things in. Instead, they were to keep things out, namely enemies who might want to do harm. That's why we read so much in the Bible about fences, hedges and walls around the Old Testament cities.

While not physical fences, the Lord shows his love for us by putting up boundaries to keep our greatest enemy at bay.

One of the best known figures of the Old Testament, Job, had been protected in such a way. Because of that, when Satan wanted to test him,

he found he couldn't. Satan wanted to cause Job, a righteous man, to turn his back on God, but there was nothing he could do as long as God had his hand of protection on him.

"Hast not thou made an hedge about him, and about his house, and about all that he hath on every side? (Job 1:10).

I love the thought of the Lord putting fences around each of us, so that we can enjoy his safety and security.

Kangaroos may not appreciate the importance of having fences and staying inside them, but people certainly should. While zookeepers may forget to close the gates, God knows just exactly what to do to protect us.

Roger Alford offers words of encouragement to residents of America's heartland. Reach him at rogeralford1@gmail.com.

WHERE TO GET HELP WITH FOOD IN ESTILL COUNTY

God's Outreach will give out government food each Thursday and Friday at 1041 Winchester Road from 9 – 12. You must sign up so bring a picture ID with you.

Estill County Community Food Bank will give away donated food on the second and fourth Tuesdays of each month at 514 Main Street in Ravenna from 9-11:30ish. If you need emergency donated food, contact your pastor, Kentucky Foothills, etc who will put you in touch with this program through the Estill County Community Food Bank. You can receive food from this program twice in a calendar year. YES, you can get food from both programs in the same month. You can receive food once from the government program (God's Outreach) and twice from the donated food program (Estill County Community Food Bank).

ESTILL LIBRARY BOOKMOBILE SCHEDULE

246 Main Street Irvine, KY – Call 723-3030

JANUARY 21-24, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mountain Crest Kirkland Ave. Millers Creek Cow Creek	Winston Trotting Ridge Sandhill Rice Station	Horizon Daycare Ravenna Wagersville Drip Rock	Spout Springs Hudson Mill Rd. Old/New Fox Hargett	South Irvine Early Learning Center

"Mommie & Me" and Storytime Wednesdays, 10:00 a.m. & Fridays, 10:30 a.m.

ESTILL COUNTY SCHOOLS MENUS

Milk is included with every meal; plus assorted juices included with breakfast

MONDAY Jan. 21	TUESDAY Jan. 22	WEDNESDAY Jan. 23	THURSDAY Jan. 24	FRIDAY Jan. 25
SOUTH IRVINE EARLY LEARNING CENTER BREAKFASTS				
No School Martin Luther King Holiday	Breakfast Pizza Orange Juice Milk	Cinnamon Toast Crunch Cereal Apple, Milk	Bacon, Egg & Cheese Biscuit Grape Juice, Milk	Cinnamon Muffin Fruit, Apple Juice Milk
SOUTH IRVINE EARLY LEARNING CENTER LUNCHES				
No School Martin Luther King Holiday	Chicken Nuggets Roll, Green Beans Mashed Potatoes Pineapples, Milk	Chili Grilled Cheese Carrot Sticks Apple, Milk	Pizza Hut pizza Corn Side Kick Milk	Hamburger on Bun French Fries Mandarin Oranges Milk
ESTILL SPRINGS BREAKFASTS				
No School Martin Luther King Holiday	Pancake Porky or Cinn. Toast Crunch/ Graham Snacks Applesauce Asst. Juice, Milk	Yogurt/Cheese Sticks or Trix Graham Snacks Mandarin Oranges Asst. Juice, Milk	Sausage Pattie Biscuit & Gravy or Biscuit & Lucky Charms Pineapple Tidbits	Funnel Cake or Fruit Loops/Straw- berry Poptart Peaches Asst. Juice, Milk
ESTILL SPRINGS LUNCHES				
No School Martin Luther King Holiday	Bread Sticks, Marinara Sauce, Normandy Blend, Grape Tomatoes/ Dip, Sidekick or Pineapple Tidbits	Sloppy Joe/Bun French Fries Cauliflower/Dip Applesauce Milk Choices	Pizza Hut Pizza Corn Fresh Broccoli/Dip Pears Milk Choices	Corn Dog Potato Smiles Baby Carrots/Dip Applesauce Milk Choices
WEST IRVINE BREAKFASTS				
No School Martin Luther King Holiday	Pancakes/Syrup or Cereal Apple Juice, Milk	Biscuit & Sausage or Cereal Peaches Juice, Milk	Donuts or Cereal & Toast Pears Juice, Milk	Assorted Muffins or Cereal Apple Juice, Milk
WEST IRVINE LUNCHES				
No School Martin Luther King Holiday	Walking Taco Taco Meat, Salsa Shredded Cheese Refried Beans Pineapple Tidbits	Ham & Cheese Sandwich French Fries Broccoli/Dip Applesauce	Hot Dog/Bun Carrots/Dip Pork & Beans Pear Halves Chips, Milk	Pizza Hut Pizza Corn Tomatoes/Dip Apples Milk
ESTILL COUNTY MIDDLE SCHOOL BREAKFAST				
No School Martin Luther King Holiday	Sausage & Biscuit Fruit Loops, Cereal Bars, Pop Tarts Pineapples	Mini Pancakes/Syr- up, Cocoa Puffs Cereal Bars, Pop Tarts, Applesauce	Breakfast Bun Trix Cereal, Cereal Bars, Poptarts Banana	Egg Sliders, Cinn. Toast Crunch Cereal Cereal bars, poptarts Mandarin Oranges
ESTILL COUNTY MIDDLE SCHOOL LUNCH				
No School Martin Luther King Holiday	Popcorn Chicken Roll Cheesy Potatoes Steamed Broccoli Apples/Mixed Fruit Milk or Juice	Pizza Hut Pizza Corn Carrot Sticks/Dip Grapes Strawberry Cups Milk or Juice	Lasagna w/Garlic- Toast or Calzone Garden Salad w/Grape Tomatoes Green Beans Banana/Applesauce	Mini Corn Dogs or Mr. Rib on Bun Baked Beans Slaw Peaches/Pineapples Milk or Juice
ESTILL COUNTY HIGH SCHOOL BREAKFAST				
No School Martin Luther King Holiday	Pancake Porky Pop Tarts Donut Holes Yogurt Parfait Apples or Oranges	Bacon, Egg, & Cheese Biscuit Pop Tarts, Yogurt Parfait, Donuts Apples or Oranges	Chicken Biscuit Pop Tarts, Yogurt Parfait, Donut Holes Oranges or Apples Juice, Milk	Dutch Waffle Poptarts, Cereal, Cereal Bars Mini Choc. Donuts Oranges or Apples
ESTILL COUNTY HIGH SCHOOL LUNCH				
No School Martin Luther King Holiday	Cheeseburger/Bun Chili Dogs Let./Tom./Pickles Potato Wedges Baked Beans Tropical Fruit Sidekicks Juice, Asst. Milk	Burrito Bar Let./Tom./Cheese Refried Beans Corn Salsa Peaches, Pineapples Juice Assorted Milk	Chicken Alfredo w/Breadstick Mr. Rib on Bun Steamed Broccoli Grape Tomatoes Corn, Pears Applesauce Juice, Asst. Milk	Chili w/crackers Grilled Cheese Carrot Sticks Broccoli Bites Mandarin Oranges Strawberry Cup Juice Assorted Milk

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www.forhorizon.com

