

What You Need to Know About Interventions

Dealing with loved ones can be difficult sometimes and that only gets harder when they have a problem with drugs and alcohol. A big part of dealing with a loved one's addiction is getting them into treatment. But what if they are unwilling to go? Intervention is the next logical step, however what is an intervention and how you pull one off?

Contrary to popular belief, successful interventions usually aren't like the ones you see on TV or in the movie Hangover 3 with the family sitting around and reading off of notecards. Interventions that are successful usually consist of several different techniques. I hope they help you and your family to have the best chance of saving your loved ones.

The first thing is to do your research on a treatment facility. Before an intervention takes place, you need to know where they are going. Once you get someone willing to go to treatment it is imperative that they go straight in. When someone is struggling with substance abuse they can waffle on the idea of treatment, so you have to have the facility already picked out so there are no slows or stops on which facility. Adding time in-between when your loved one becomes willing to go and them getting into treatment is deadly.

Number two is building your team. An intervention can either be done by the family or by a professional interventionist. A family can choose the family or friends of the addict that the addict will most likely listen to so it is important those persons are at the intervention. On the other hand, an intervention done by an interventionist is usually conducted on a one-on-one basis, where the interventionist works with the addict alone to get their agreement to go to treatment. Since a lot of interventionists are ex-addicts themselves, they will have a point of reality with the addict which may facilitate the reach for treatment. In some cases, the interventionist may decide to call in family members but that will be decided by the interventionist.

Once you have decided on your team, get them together and go over all the details so everyone is prepared to pull off the intervention. Make sure any family or friends who are involved are all on the same page and have the same goal: getting the addict into treatment.

With everyone on the same page, you would then bring in the addict. Approach them kindly and at first try to get them to see how treatment will benefit them. Show them the website or brochure of where they are going. It is also a good idea to have someone ready to talk to them from the center to answer any questions they may have.

If this doesn't work, you should be prepared to bottom line them (give them an ultimatum). An example of a bottom line is, "If you don't go to treatment you aren't staying here anymore." If they run off and refuse to listen, do not give in. You must hold strong or they won't take it seriously. Even if they do run, most of the time they will come back and listen and then agree to go to treatment.

If you have more questions or want to find out more about getting someone into treatment, read here: <https://www.narcononewlifetreat.org/blog/intervention-101.html> or call 1 800-431-1754 to get help for your loved ones.

Written by: Luke Nichols

Estill County Courthouse News

Property Transfers

Leon and Bonnie Hart to Wanda McGee and DeWayne Arvin, \$1.00, 1 1/2 acres, more or less, on Church House Hill Road.

Craig and Melanie Thomas to Yi Anthony Qu and Sherry Xiaqi Yang, \$23,998.00, 35.17 acres, more or less, designated as tract 1, of Ms. Hazel Flynn property survey.

Master commissioner deed between J.P. Morgan Mortgage Acquisition Corp. vs. Paul Barnes, et. al., to J.P. Morgan Mortgage Acquisition Corp., \$36,000, property address 5380 Winchester Road, Irvine.

JP Morgan Chase Bank, N.A. to Secretary of Housing and Urban Development, special warranty deed to property at 147 Marcum Road, Irvine.

Donnie Murphy to Jimmy Murphy, love and affection, certain tract on west side of Low Gap Road.

McKinley Wayne Horn to Jessica Amber Jude and Joshua Eligah Jude, \$18,500, lots 35-40 in City of Irvine.

District civil suits filed

LVNV Funding LLC vs. Pam Isaacs, seeking judgment for \$704.02 plus interest and court costs.

Midland Funding vs. Kristy Lynch, seeking judgment for \$591.71 plus interest and court costs.

LVNV Funding LLC vs. France Tipton aka Francis Morgan, seeking judgment for \$694.45 plus interest and court costs.

Estill Co. Emergency Medical Services vs. Russell Estes, seeking judgment for \$1,206.00 plus interest and court costs.

Credit Acceptance Corp. vs. Penny Hall, seeking judgment for \$3,641.26 plus interest and court costs.

Estill Co. Emergency Medical Services vs. Timothy Conley, seeking judgment for \$744.00 plus interest and court costs.

Portfolio Recovery vs. Teresa Walling, seeking judgment for \$1,505.60 plus interest and court costs.

Portfolio Recovery vs. Bobby Dawes, seeking judgment for \$1,843.67 plus interest and court costs.

Portfolio Recovery vs. Sherrie Powell, seeking judgment for \$873.41 plus interest and court costs.

Jefferson Capital Systems vs. Daisy Darlene Edwards, seeking judgment for \$1,767.92 plus interest and court costs.

Cavalry SPV 1, LLC vs. Holly Harrison, seeking judgment for \$760.06 plus interest and court costs.

Synchrony Bank vs. Glenda Cole, seeking judgment for \$2,435.66, plus interest and court costs.

Heights Finance Corporation (Berea) vs. Kenny Stamper, seeking judgment for \$1,343.56, plus interest and court costs.

Capital One Bank vs. Ricky Chrisman, seeking judgment for \$1,451.57 plus interest and court costs.

Target National Bank vs. Joy S. Brown, seeking judgment for \$4,860.83 plus interest and court costs.

Eagle Financial Services, Inc. vs. Douglas Stiltner, seeking judgment for \$1,329.78 plus interest and court costs.

Intermediate licenses

Hannah Price, Trenton Marcum, and Dylon Long.

Operator permits

Clay Dean, Arianna Johnson, Michael McKinney, Ethan Bowling, Tangela Tipton (motorcycle), and Andre Fox.

Road Test

If you would like to schedule an appointment for a road test to get a Drivers License, please call the Estill County Circuit Clerk's Office (606) 723-3970.

Classifieds

Buy, Sell, Trade or Giveaway, Call (606) 723-5012

LOT FOR SALE
One-half acre, more or less, in Crooked Creek area. Asking \$12,000. Text anytime or call after 5:30 p.m. to (606) 643-8000.

ITEMS FOR SALE
Tub, commode (white), and some cabinets. Also have toilet paper and paper towel tubes for crafts. Call (606) 614-5743.

CLASSIFIEDS
\$2 for 20 words or less. Ten cents each for additional words. Send with payment to The Estill County Tribune.

HOUSE FOR RENT
Three bedrooms, one and one-half bath at 820 O'Possum Run Road. \$700 per month plus deposit. Call (859) 983-4533.

\$2 for 20 Words
Additional Words 10 cents each. Send with payment to Estill Tribune, 6135 Winchester Road

Auction

ABSOLUTE AUCTION
JAN 26, 10:00 AM • Near Ft. Knox, KY

129 ACRES • HOME • BARN
17 Parcels • 1.2 Acres to 15 Acres

Auctioneers: Mark Barr, Stephen Barr
270-422-2136
For more information visit our website
www.BarrRealtyAuction.com

Auction

Katherine's AUCTION SALE
628 Main Street in Ravenna
Saturday, Jan. 19th @ 6:30pm
Lots of New Items

We take consignments!
Open 9-5 Monday-Friday
LICENSED AUCTION HOUSE
Auctioneer Wade Richardson
Phone (606) 726-9194
Snack Bar on Premises!

Auto Repair

NEAL'S STEREO SHOP
(606) 975-3796
River Drive & Main in Ravenna

NEAL'S AUTO CENTER & BODY SHOP
Mechanical Work
Main Street in Ravenna
Call 606-975-3796

Real Estate



Joyce Marcum
BROKER/OWNER
859-624-0088
jmarcum21@aol.com

JOYCE MARCUM REALTY.COM
Call (606) 723-0080



Bill Van Winkle
859-582-2810
bvanwinkle@windstream.com



James Woolery
859-358-0691
james.woolery@live.com

www.joycemarcumrealty.com
(International internet advertising, Using drones & property tours)

Tree Trimming

GET-R-DONE
Tree Trimming & Removal
Also, NEW! Pressure Washing!
Homes, Decks, Driveways, Sidewalks
Contact Anthony Conrad
FREE Estimates! 606-975-3799
Available 24 Hours For Storm Damage!

Electrical

Eastern Kentucky Electric
Working together to make things brighter
Daniel Muchow, Owner
(859) 351-4001
Irvine, KY 40336
CE65199 ME #64934
easternkyelectric@yahoo.com

Tree Removal

Davidson Tree Service
We treat our customers right!
Tree and stump removal.
Professional pruning and shaping.
Landscaping, etc. Firewood for sale!
Bucket truck now available!
Fully Insured!
Billy 1-859-625-2683
Mike 1-606-723-9227
Tommy 1-606-253-8826

Gravel Hauling

Jack Walling GRAVEL HAULING & DOZIER WORK
Free Estimates!
606-975-1736 or
606-643-5925

Stickeler's Answer

Stickelers Answer

The answer is 8.

Multiply the number on the top of the triangle by the number on the bottom right. Take that result and add it to the number on the bottom left. The result is the number in the middle.

Stickeler's Puzzle on Page 11