

Engineers give KCC a run for their money Lady Engineers bow out in 56th District

Estill County's basketball teams are both quickly out of contention following a two-day break between districts and regionals.

The Estill County Lady Engineers ended the year 11-20. The ladies picked up two straight wins to end the regular season but went out in the first game of the 56th District Tournament, 50-47 to the Owsley County Lady Owls, an event that will be remembered more for what was reported on the sidelines than during the game.

Freshman Mia Hale continues to score well and put in 14 points to lead Estill, with 13 from senior Kiely Flynn. Both made the all-tournament team. Senior Meagan Bellamy who joined the 1,000-point club this season, added 8, sophomore Kaylee Riddell who started play late in the season, made 6 points and 8th grader Haley Angel put in five. Senior Amelia Farmer scored a single point to end an up-and-down season dealing with injuries.

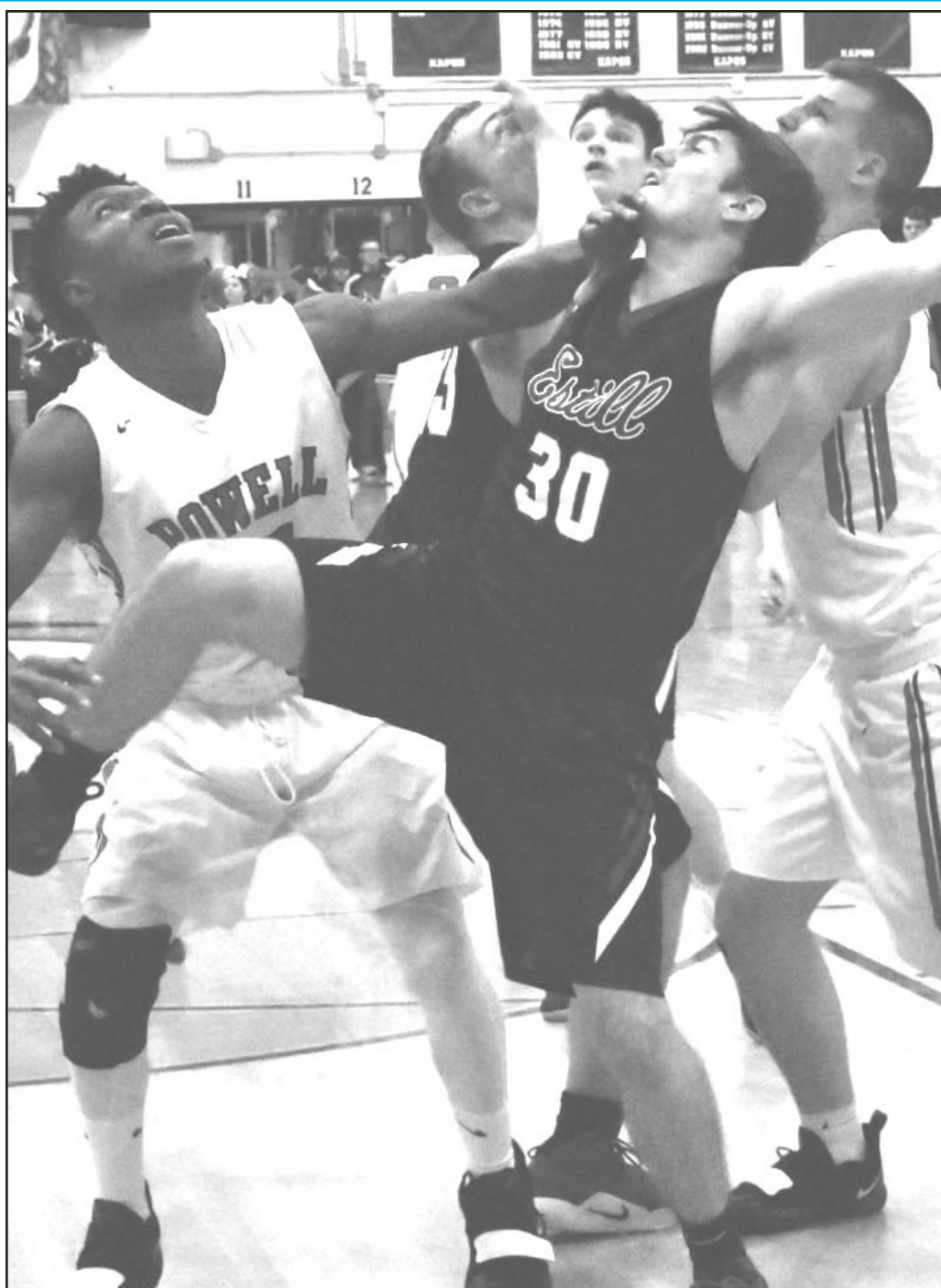
The Estill County Engineers picked up a 50-38 win over the Owsley County Owls on the same night which put them into the championship game where they 63-58 fell in a

come-from-behind game by the Powell County Pirates that gave the Stanton team both the season and the tournament titles.

Estill held the lead 58-54 at 1:19 when Joe Benton sank one of two free throw attempts. But the Pirates scored two to cut the lead to 58-56, then dropped in a three that gave them the lead by one, 59-58, with 37.4 seconds to go. The followed that with two-of-two free throw attempts to go up 61-58. Benton's try at a three in the final seconds missed its mark and the Engineers were forced to foul, giving the Pirates two fta's which they hit both.

Several Estill players put on a superb show against the Pirates and three were named to the all-tournament team, junior Joe Benton, sophomores Dyllon Long, and Cobbe Click.

Estill wasn't deterred by the huge pre-game advantage given to Knott County Central's 23-8 Patriots and gave them a run for the money before falling 43-29 in 14th Region action on Monday night. The quickly maturing young Engineers finish the year 10-21 and look forward to the 2019-20 season.



The Estill County Engineers and the Powell County Pirates were physical as usual during 56th District championship action last week with many 'no-call' fouls such as this one taking place. See photos on Estill Tribune's Facebook page.

2019 KIWANIS PARK Baseball & Softball Sign-ups

DATES	Saturday	March 2	11:00am – 1:00pm
	Tuesday	March 5	6:00pm – 8:00pm
	Saturday	March 9	11:00am – 1:00pm
	Sunday	March 10	2:00pm – 4:00pm

LOCATION: Estill County High School Gym Lobby

Baseball & Softball Leagues

Boys/Girls	Tee-Ball	Ages 4-5
Girls	Coach Pitch	Ages 6-8
Girls	Player Pitch	Ages 9-10
Girls	Player Pitch	Ages 11-12
Boys	Coach Pitch	Ages 6-8
Boys	Player Pitch	Ages 9-10
Boys	Player Pitch	Ages 11-12

COST \$60.00 per kid
Payment is due when you come to sign up

Boys age is determined by what age he will be on or before April 30, 2019
Girls age is determined by what age she was on December 31, 2018

Everyone must sign up at one of the designated times.

We will not take sign-ups over the phone.

Parents must come and sign their child's form

****ANYONE interested in COACHING needs to come to one of the sign-ups****

Please remember * MARCH 10 *** is the last day to sign up**

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Public Health Guidelines Related to Severe Floods

The Department for Public Health (DPH), within the Cabinet for Health and Family Services (CHFS), reminds Kentuckians to follow safety guidelines following severe flooding and water run-off events from recent rainfall across the state.

"We urge Kentuckians to use caution in flooded areas, and once floodwaters recede and the clean-up begins, to keep yourself and your family safe," said Dr. Jeff Howard, DPH Commissioner. "Taking the time to follow safety guidelines related to food safety, mold removal and other issues helps prevent unnecessary injury and illness." The following precautions are recommended by DPH:

Flood Waters

- During flood cleanup, the risk of incurring wounds may be increased. For this reason, cleanup workers should be sure that they are up-to-date with tetanus vaccination, ideally before starting cleanup activities. Adults need a tetanus booster shot every 10 years. Td or Tdap can be used; getting the Tdap instead of Td for one tetanus booster during adulthood is recommended to maintain protection against pertussis. Being up-to-date for tetanus vaccine can greatly simplify the treatment for any wound that might occur. Contact your regular health care provider or your local health

department if you believe you may need a tetanus shot.

- Flood-related drowning is also a danger, and often occurs when people become trapped by rising flood waters or when they voluntarily enter flooded areas. Never enter flood waters unless you are escaping immediate danger. Do not attempt to drive a vehicle through flood waters. Carefully monitor the weather conditions and water levels to avoid becoming surrounded by water.

- Floods can damage utilities, leading to downed power lines and a risk of electrocution. Stay clear of damaged power lines. Natural gas and propane systems can produce dangerous gas leaks. If you smell gas, open doors and windows and evacuate the area.

Home Clean-up and Mold Removal

- Use caution during clean-up activities. Wear proper safety equipment, such as work gloves, boots, helmets, eye and ear protection, and chainsaw chaps when operating power tools or machinery. Ensure all electrical tools are properly grounded and use ground fault interrupters (GFI) if available. Never use electrically powered tools in or near standing water.

Check online for additional guidelines when dealing with flooding situations.



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Anyone interested in benefits or raising monetary funds for their organization, church, school function etc. may contact Rebecca Lopez @ 606-663-1088. 10% of all proceeds we make during the 4 hour benefit will be paid directly to the cause.