



Times Remembered
Betty A. Young

BYoung505@Outlook.com

W E D N E S D A Y



According to the calendar, spring arrives this week . . . March 20, but nature has its own way of telling the world that spring has unlocked itself from the prison of ice, snow and sometimes, below zero temperatures that has been confining for the past few months. Nature unfolds its seasons at the correct time and we apply and conduct ourselves accordingly.

As February fades away and March arrives, the snow storms cease and become snow flurries. The robins return and join other feathered friends, flitting here and there searching for a mate and the perfect limb to build a new home. Nature gave them the instinct to build, but also how to go about building it. It's a miraculous thing to me.

In a few days the sun will glide slowly toward the west, in the late afternoon, forcing sun beams through the windowpanes, and producing more warmth

Spring Arrives

every day. The days are already getting longer and it isn't dark till around 7:30 p.m. More daylight hours makes me happier!

I've noticed in my yard the forsythia bushes are blooming with bright yellow flowers and the pink plums and the Bradford pear trees are snow white with bloom.

We know spring is the time for planting cold weather crops, but manure hauling came in the spring too. A huge pile had grown daily over the winter and now it was time to clean the barn out.

Horse manure is great fertilizer especially for roses and vegetables and cow manure scattered on the gardens enrich the soil. Most of the cow manure from our barn was scattered on the pasture land. At that time we didn't have a manure spreader, so it was loaded on the wagon with a four-pronged pitch fork and was done with "man strength."

Unloading in the field required a certain skill to scatter a fork evenly. When the wagon was stopped in the field, the manure was scattered, first on one side and then the other and behind the wagon. The tractor was pulled up and the same procedure repeated until the wagon was empty and headed back to the barn for another load. The job usually took about a week of back-breaking hard work and you didn't smell so good either!

Some people have made or make something called a "hot bed," which consisted of a box-like frame, about three foot wide and six to eight long and about three feet deep. At least one foot was located below ground level. About a foot of horse manure was tightly tamped in the bottom, then an additional six

to eight inches of dirt was added and finally covered with burlap sacks. The bed was covered with old window frames to prevent rain from entering and later to provide light for the growing plants. In about four days, the decomposition of the manure produced heat and the "hot bed" was nice and warm and just right to put in sweet potatoes and to sow tomato and pepper seeds, for set out in the garden.

The hot bed sounds somewhat like preparing a tobacco bed where we also planted seeds at the end of the bed; except we never used manure. The bed was burned with wood. Old-timers had many ways to preparing their soil for crops.

Beside cleaning out barns and planting gardens, spring brings outdoor sports, picnics, hiking and more daylight hours. Spring shouts, "More!" It's the season when earth comes alive again and we see God's handiwork of abundance surrounding us. Just as he designed for this season to testify of His goodness. He wants us to enjoy His abundant goodness in our lives. As you and I enjoy spring, let's allow our soul to spring alive through focusing on God each and every day.



Birding BITS BY Cindy Brook
Nest Building
Birds are gathering material for their nests, and you can help. Put out soft stuff like string, yarn, clean pet hair or dryer lint. These items can be hung from tree branches or scattered on the ground. They'll be easy to spot and will provide extra insulation for new hatchlings.

E-mail: birdingbits@cflr.com
© 2011 King Features Syndicate, Inc.

ESTILL COUNTY SCHOOLS MENUS

Milk is included with every meal; plus assorted juices included with breakfast

MONDAY March 25	TUESDAY March 26	WEDNESDAY March 27	THURSDAY March 28	FRIDAY March 29
SOUTH IRVINE EARLY LEARNING CENTER BREAKFASTS				
Sausage Biscuit Oranges Milk	Oatmeal & Toast Apples Milk	Maple Waffles Peaches Milk	Biscuit & Gravy Hash Browns Milk	Chocolate Muffin Fruit, Apple Juice Milk
SOUTH IRVINE EARLY LEARNING CENTER LUNCHES				
Chicken Nuggets Roll, Green Beans Mashed Potatoes Pineapples, Milk	Ham Sandwich French Fries Cucumbers Strawberry Cups	Chicken Noodle Soup, Peaches Grilled Cheese Carrot Sticks	Hot Dogs on Bun Tater Tots Mandarin Oranges Milk	Pizza Corn Apples Milk
ESTILL SPRINGS BREAKFASTS				
Breakfast Pizza or Toast/Cocoa Puffs Pineapple Asst. Juice Milk Choices	Mini Maple Pan- cakes/ Syrup or Cinn. Toast Crunch Graham Snacks Applesauce	Donut or Chocolate Pop Tart, Frosted Flakes, Pears Asst. Juice Milk Choices	Scrambled Eggs or Lucky Charms Toast/Bacon Banana Asst. Juice, Milk	Blueberry or Banana Muffin, Fruit Loops Peaches Asst. Juice Milk Choices
ESTILL SPRINGS LUNCHES				
Chicken Tenders Roll, Green Beans Mashed Potatoes Pears Milk	Hamburger/Bun French Fries Tomato/Pickle Slices CA Blend Veggies Pineapple, Milk	Chili/Crackers Grilled Cheese Fresh Broccoli/Dip Cauliflower Mandarin Oranges	Cheese Pizza Corn Grape Tomatoes/Dip Peaches Milk	Bologna Sandwich BBQ Chips Baked Beans Baby Carrots/Dip Applesauce, Milk
WEST IRVINE BREAKFASTS				
Pancake Porky or Cereal Strawberry Cup Juice, Milk	Egg Omelet & Toast or Cereal Peaches Juice, Milk	Donut or Cereal Orange Juice Milk	Dutch Waffle or Cereal Applesauce Juice, Milk	Assorted Muffins or Cereal Apple Juice, Milk
WEST IRVINE LUNCHES				
Oven Fried Chicken or Chicken Nuggets Roll, Peas Mashed Potatoes Apples/S-berry Cup	Cheeseburger/Bun or Pork Chop/Bun French Fries Mandarin oranges Mixed Fruit	Corn Dog of Walking Taco Bar Mexican Beans Carrot Sticks/Dip Peaches/Fresh Fruit	Chicken Alfredo or Ravioli, Garlic Toast Green Beans Glazed Carrots Pears, Applesauce	Cheese Pizza or Stuffed Crust Pizza Corn, Garden Salad w/Grape Tomatoes Pineapple, sidekicks
ESTILL COUNTY MIDDLE SCHOOL BREAKFAST				
Breakfast Pizza Frosted Flakes, Pop Tarts, Cereal Bars Mandarin Oranges	Sausage Biscuit Fruit Loops, Pop Tarts, Cereal Bars Pears, Juice, Milk	Mini Pancakes/syrup Cocoa Puffs, Pop Tarts, Cereal Bas Applesauce	Breakfast Bun Trix, Cereal Bars Pop Tarts, Peaches Asst. Juice, Milk	Egg Sliders Cinn. Toast Crunch Cereal Bars, Pop Tarts, M. Oranges
ESTILL COUNTY MIDDLE SCHOOL LUNCH				
Popcorn Chicken Roll Cheesy Potatoes Steamed Broccoli Apple/Mixed Fruit Milk or Juice	Hot Dog on Bun or Turkey/Cheese Sand., Baked Beans Potato Wedges Orange Slices Sidekicks	Pizza Hut pizza Corn Carrot Sticks/Dip Grapes Strawberry Cups Milk or Juice	Lasagna, Garlic Bread or Calzone Garden Salad w/ Grape Tomatoes Green Beans, A- sauce, M. Oranges	Boscors or Chicken Quesadilla Marinara Sauce Carrot Sticks/Dip Pears, M. Oranges Milk or Juice
ESTILL COUNTY HIGH SCHOOL BREAKFAST				
Sausage/Egg/ Cheese Slider, Cereal, Cereal Bars, Pop Tarts, Donuts Oranges or Apples	Breakfast Pizza Pop Tarts Powdered Donuts Yogurt Parfait Apples or Oranges	Bacon, Egg, & Cheese Biscuit Pop Tarts, Yogurt Parfait, Donuts Apples or Oranges	Sausage Biscuit Pop Tarts, Yogurt Parfait, Donut Holes Oranges or Apples Juice, Milk	Eggstravaganza Wrap, Poptarts, Cereal Cereal Bars Mini Choc. Donuts Oranges or Apples
ESTILL COUNTY HIGH SCHOOL LUNCH				
Cheeseburger/Bun Chili Dogs Let./Tom./Pickles Potato Wedges Baked Beans Tropical Fruit Sidekicks Juice/Asst. Milk	Corn Dogs Fish on Bun Pizza Hut Pizza Let./Tom./Pickles Mashed Potatoes Green Beans Cantaloupe Applesauce	Burrito Bar Let./Tomato/Cheese Refried Beans Corn, Salsa Peaches Pineapples Juice Asst. Milk	Chicken Alfredo w/ Breadstick Mr. Rib on Bun Steamed Broccoli Grape Tomatoes Corn, Pears Applesauce Juice, Asst. Milk	Chili w/Crackers Grilled Cheese Carrot Sticks Broccoli Bits Mandarin Oranges Strawberry Cup Juice Asst. Milk



Contact Us Today!
(877) 589-3053

Between home and hope, there's help.

Horizon Health offers elderly care two ways: at an adult day center or in your own home. At **Horizon Adult Health Care Centers**, you or your elderly loved one gets attention and activities every weekday. Or choose **Horizon Home Care**, for in-home personal care services, companionship and light housekeeping in your own home.

For locations and to learn more, visit
www.forhorizon.com



Cub Cadet



ZT1 42
ZERO-TURN RIDER

- 22 HP+ Twin KH 7000
- 42" twin-blade deck
- Premium Seat

STARTING AT:
\$2,699*

ZT2 60
ZERO-TURN RIDER

- 24 HP++ Kawasaki FR730
- 60" FAB triple-blade deck
- Hydro-Gear™ EZT 2800

STARTING AT:
\$4,199*

RZT SX42
ZERO-TURN RIDER

- 22 HP+ Twin KH 7000
- 42" twin-blade deck
- Push Button Start

STARTING AT:
\$3,199*

Z-FORCE S48
ZERO-TURN RIDER

- 24 HP+ V-Twin engine
- 48" FAB triple-blade deck
- Dual ZT-2800 Hydro-Gear

STARTING AT:
\$4,399*

PRO Z 148L EFI
COMMERCIAL ZERO-TURN Δ

- 25 HP+ Kohler® EFI
- 48" FAB Mowing Deck
- Dual Hydro Gear-ZT3400

STARTING AT:
\$6,849*

PRO Z 972 SD
COMMERCIAL ZERO-TURN Δ

- 35 HP++ Kawasaki® FX1000v
- 72" FAB triple-blade deck
- Rear Dual Wheels

STARTING AT:
\$15,999*

FOR FULL PRODUCT SPECS **Cub Cadet**. VISIT CUBCADET.COM

YOUR INDEPENDENT CUB CADET DEALER—EXPERT SERVICE. LOCALLY OWNED.
THE ADVICE, SERVICE, SELECTION AND SUPPORT YOU NEED TO FIND THE RIGHT FIT FOR YOU.



119 North Estill Avenue
Richmond, KY 40475
859-624-1893
www.bishopssmallenginerepair.com

1 Restrictions apply. See store for details. * Product Price -Actual retail prices are set by dealer and may vary. Taxes, freight, setup and handling charges may be additional and may vary. Models subject to limited availability. For full warranty details, visit cubcadet.com or see your local dealer. See your local dealer for limited warranty details and information. Certain restrictions apply. Specifications and programs are subject to change without notice. Images may not reflect dealer inventory and/or unit specifications. Δ Commercial products are intended for Professional use. † Utility vehicles are intended for off-road use.

† As rated by Kohler, all power levels are stated in gross horsepower at 3,600 RPM per SAE J1940 as rated by engine manufacturer. ‡ As rated by Kawasaki, horsepower tested in accordance with SAE J1995 and rated in accordance with SAE J2723 and certified by SAE International.

EXCEPTIONAL FINANCING OFFERS AVAILABLE