



Times Remembered
Betty A. Young

BYoung505@Outlook.com

This is a way to teach children the true meaning of Easter... 'How to make Resurrection Cookies.' It's to be made the evening before Easter. You will need:

- 1 cup whole pecans
- 1 tsp. vinegar
- 3 egg whites
- 1 cup sugar
- Pinch salt
- Ziploc baggie
- wooden spoon
- tape
- Bible

Preheat the oven to 300 degrees. That's important, don't wait until you are half done with the recipe. Place the pecans in a zip lock bag and let the children beat them with the wooden spoon to break them into small pieces. Explain that after Jesus was arrested, he was beaten by the Roman soldiers. Read John 19:1-3.

Let each child smell the vinegar. Put one teaspoon of vinegar into a mixing bowl. Explain that when Jesus was thirsty on the cross he was given vinegar to drink. Read John

Resurrection Candy

19:28-30.

Add egg whites to the vinegar. Eggs represent life. Explain that Jesus gave his life to give us life. Read John 10:10-11.

Sprinkle a little salt into each child's hand. Let them taste it and brush the rest into the bowl. Explain that this represents the salty tears shed by Jesus' followers and the sourness of our own sin. Read Luke 23:27.

So far, the ingredients are not very appetizing, but now add one cup of sugar. Explain that the sweetest part of the story is that Jesus died because he loves us. He wants us to know and belong to him. Read Psalm 34:8 and John 3:16.

Beat with a mixer on high speed for 12-15 minutes until stiff peaks are formed. Explain that the color white represents the purity in God's eyes of those whose sins have been cleansed by Jesus. Read Isaiah 1:18 and John 3:1-3.

Fold in the broken nuts. Drop by the teaspoons on

to parchment paper covered cookie sheet. Explain that each mound represents the rocky tomb where Jesus' body was laid. Read Matthew 57-60.

Put the cookie sheet in the oven, close the door, and turn the oven off. Yes off Give each child a piece of tape and seal the oven door. Explain that Jesus' tomb was sealed. Read Matthew 27:65-66.

Go to bed! Explain that they may feel sad to leave the cookies in the oven overnight just like Jesus' followers were in despair when the tomb was sealed. Read John 16:20, 22.

On Easter morning, open the oven and give everyone a cookie. Notice the cracked surface and take a bite. The cookies are hollow! On the first Easter, Jesus' followers were amazed to find the tomb open and empty. Read Matthew 28:1-9.

Jesus said, "I am the resurrection and the life. He who believes in me will live, even though he dies." **John 11:25.**



Tough-talking cowpoke scares thief into returning stolen horse



America's Heartland
Roger Alford
RogerAlford1@GMail.Com

A tough-looking cowpoke, in town to get supplies, walked into the general store, a six-shooter holstered on his gun belt.

When the cowpoke finished his shopping and went back outside, he found that his horse had been stolen. He whipped out his revolver and fired off a few rounds to get everyone's attention.

"I'm going to walk back into the store for two minutes, and when I come back out here, I want to find my horse tied right where I left him or I'll have to do here what I had to do in Dodge City," he told the terrified townspeople.

When he walked back out, his horse was there, tied to the hitching post. As he saddled

up to leave, one of the locals approached him cautiously, and said, "Mister, we'd just like to do know. What exactly did you have to do in Dodge City?"

The cowpoke squinted, spit in the dust, and said: "I had to walk all the way back to camp."

I expect we've all had occasion to meet people who, on first impression, seemed fearsome, only to find out later they were anything but.

My friend Darrell Poplin, over in the Appalachian region, is like that. He is a big man. We went to church together when I lived there years ago, and I always enjoyed doing door-to-door evangelism with Darrell in rough neighborhoods. That's because, on first impression, Darrell was a powerful sight. But actually this tall, barrel-chested giant of man who once was a Navy boxer is one of the nicest men I've ever known, a true Christian gentleman.

Darrell is proof that first impressions can be deceiving.

John the Baptist made an incredible first impression when he appeared on the scene just ahead of Jesus' public ministry. He came strolling into town in

a camel-hair coat. It didn't take folks long to learn he also loved to eat locusts with honey.

People flocked to John to be baptized. Then came the day that John pointed to Jesus on the banks of the Jordan River and declared: "Behold the Lamb of God which taketh away the sin of the world (John 1:29).

On that day, John had the privilege to be the first person to introduce others to Christ. Here's an awesome thought: You could potentially have the privilege of being the last to introduce others to Christ.

You see, one day soon the window of opportunity will close for accepting Jesus as Savior. Once He returns, it will be too late. That's why Christians are always sharing the Gospel. And that's why, at some point, someone will be the last person to introduce others to Christ.

Let's not be like the tough-talking cowpoke who simply made noise. Let's be about the Lord's business, telling the world about Him before it's too late.

Roger Alford offers words of encouragement to residents of America's heartland. Reach him at rogeralford1@gmail.com.

ESTILL LIBRARY BOOKMOBILE SCHEDULE

246 Main Street Irvine, KY – Call 723-3030

APRIL 22-26, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Wallace Circle Nursing Home Hood Avenue Broadway	Harris Ferry Cressy Stacy Lane South Irvine P-K	West Irvine Crooked Creek Red Lick Wisemantown	Senior Citizens Doe Creek Buck Creek South Irvine	In House No Bookmobile Service

"Mommie & Me" and Storytime Wednesdays, 10:00 a.m. & Fridays, 10:30 a.m.

ESTILL COUNTY SCHOOLS MENUS

Milk is included with every meal; plus assorted juices included with breakfast

MONDAY April 22	TUESDAY April 23	WEDNESDAY April 24	THURSDAY April 25	FRIDAY April 26
--------------------	---------------------	-----------------------	----------------------	--------------------

SOUTH IRVINE EARLY LEARNING CENTER BREAKFASTS

Breakfast Pizza Orange Juice Milk	Pancake Porky Apples Milk	Cinnamon Toast Crunch Cereal Peaches, Milk	Omelet & Toast Oranges Milk	Blueberry Muffins Fruit, Grape Juice Milk
---	---------------------------------	--	-----------------------------------	---

SOUTH IRVINE EARLY LEARNING CENTER LUNCHES

Chicken Nuggets Rolls, Green Beans Mashed Potatoes Pineapples, Milk	Ham Sandwich French Fries Cucumbers Strawberry Cups	Pork Roast with Gravy/Roll Mashed Potatoes Cooked Apples	Hot Dog on Bun Tater Tots Mandarin Oranges Milk	Pizza Corn Apples Milk
--	--	---	--	---------------------------------

ESTILL SPRINGS BREAKFASTS

Breakfast Pizza or Toast/Cocoa Puffs Pineapple Asst. Juice Milk Choices	Mini Maple Pancakes/Syrup or Cinnamon Toast Crunch/Graham Snacks, Applesauce	Donut or Chocolate Pop Tart/Frosted Flakes, Pears Asst. Juices Milk Choices	Scrambled Eggs/ Toast, Bacon Lucky Charms Mandarin Oranges Asst. Juice, Milk	Blueberry or Banana Muffin, Fruit Loops Peaches Asst. Juice Milk Choices
---	---	---	--	--

ESTILL SPRINGS LUNCHES

Chicken Tenders/ Roll, Green Beans Mashed Potatoes Pears Milk	Hamburger/Bun French Fries Tomato/Pickle California Blend Pineapple, Milk	Curly Spaghetti/ Texas Toast Romaine Salad/ Ranch Peaches, Cooked Carrots	Cheese Pizza Corn Grape Tomato/Dip Mandarin Oranges Dip	Ham/Bun Chips Baked Beans Cauliflower/Dip Applesauce
---	---	---	---	--

WEST IRVINE BREAKFASTS

Pancake Porky or Cereal Strawberry Cup Juice, Milk	Egg Omelet/Toast or Cereal & Toast Peaches Juice, Milk	Donuts or Cereal Orange Juice Milk	Dutch Waffle or Cereal Applesauce Juice, Milk	Assorted Muffins or Cereal Apple Juice, Milk
--	---	---	--	---

WEST IRVINE LUNCHES

Fried Chicken Legs Roll, Baked Beans Mashed Potatoes Strawberry Cup Milk	Baked Rotini Texas Toast Garden Salad Cucumber Slices Peaches, Milk	Pork Roast Corn Bread Mashed Potatoes Cooked Carrots Apple, Milk	Corn Dog Macaroni & Cheese Veggie Cup Applesauce Milk	Cheese Pizza Corn Tomato/Dip Apple Milk
--	---	--	---	---

ESTILL COUNTY MIDDLE SCHOOL BREAKFAST

Dutch Waffle Choc. Mini Wheats Cereal Bars, Pop Tarts, M. Oranges	Breakfast Bosco Frosted Flakes /Reese Puffs, Cereal Bars, Juice, Milk	Biscuit & Gravy Lucky Charms Cereal Bars, Pop Tarts, Juice, Milk	Scr. Eggs & Toast Cocoa Puffs, Pop Tarts, Peaches Fruit Juices, Milk	Donut, Apple Cinn. Cheerios, Cereal Bars, Pop Tarts Peaches, Juice, Milk
--	--	---	---	---

ESTILL COUNTY MIDDLE SCHOOL LUNCH

Oven Roast BBQ Chicken or Chicken Nuggets, Roll Mashed Potatoes Peas, Apple Strawberry Cup	Cheeseburger or Pork Chop on Bun French Fries Let./Tom./Onion Mandarin Oranges Mixed Fruit	Walking Taco Bar w/Beef or Chicken Fajita, Chips, Salsa Mexican Beans Let./Tom./Cheese Peaches, Fresh Fruit	Chicken Alfredo or Ravioli Garlic Toast Green Beans Glazed Carrots Pears/Applesauce	Cheese Pizza or Stuffed Crust Sausage Pizza, Corn Garden Salad w/ Grape Tomatoes Pineapples, Sidekicks
---	---	--	--	---

ESTILL COUNTY HIGH SCHOOL BREAKFAST

Breakfast Honey Bun, Cereal, Cereal Bars, Pop Tarts Mini Choc. Donuts Oranges or Apples	Pancake Porky Pop Tarts Donut Holes Yogurt Parfait Apples or Oranges	Bacon, Egg, & Cheese Biscuit Pop Tarts, Yogurt Parfait, Mini Donuts Apples or Oranges	Chicken Biscuit Pop Tarts, Yogurt Parfait, Donut Holes Oranges or Apples Juice, Milk	Dutch Waffle Poptarts, Cereal Cereal Bars Mini Choc. Donuts Oranges or Apples
---	--	---	--	---

ESTILL COUNTY HIGH SCHOOL LUNCH

Boscos Marinara Sauce CA Blend, Corn Sidekicks Tropical Fruit Juice Assorted Milk	Grilled Chicken/Bun Pizza Hut Pizza Let./Tom./Pickles Mashed Potatoes Green Beans Cantaloupe Applesauce Juice/Asst. Milk	Chicken Alfredo w/Breadstick Mr. Rib on Bun Steamed Broccoli Corn Grape Tomatoes Pears, Applesauce Juice, Milk	Burrito Bar Let./Tom./Cheese Refried Beans Corn, Salsa Peaches Pineapples Juice Asst. Milk	Chili with crackers Grilled Cheese Carrot Sticks Broccoli Bites Mandarin Oranges Strawberry Cup Juice Asst. Milk
---	---	---	---	---

Offered Daily: Pizza Line
Sandwich Box, Salad Box



Contact Us Today!
(877) 589-3053

Between home and hope, there's help.

Horizon Health offers elderly care two ways: at an adult day center or in your own home. At **Horizon Adult Health Care Centers**, you or your elderly loved one gets attention and activities every weekday. Or choose **Horizon Home Care**, for in-home personal care services, companionship and light housekeeping in your own home.

For locations and to learn more, visit www.forhorizon.com

