

# Community News

Mail announcements to The Estill Tribune, 6135 Winchester Road, Irvine, KY 40336  
Call (606) 723-5012; Fax to (606) 723-2743; or E-mail it to <News@EstillTribune.Com>

**Wednesday, June 5 from 10am to 2pm**

## Jackson Energy Member Appreciation

Make plans to attend the Jackson Energy Estill County Member Appreciation Day on Wednesday, June 5, from 10 a.m. to 2 p.m., at Meade's Do It Center in Irvine. Each registered member will receive a bucket, LED light bulb and

other free gifts.

The Annual Business meeting will be at 2 p.m. at the McKee District Office in Jackson County.

Door prizes at the business meeting include 10 \$100 bills! Members must be present to win.

**Monday, Wednesday and Friday**

## Estill Library Hosts "Walk Slim"

Walk Slim is held at the Estill County Public Library, 246 Main Street, Irvine, at 5:00 p.m., on Monday, Wednesday, and Friday. If the weather is pretty they

will venture outside to walk.

If you are interested in joining please just drop by and walk to a healthier life. Contact Lesa Ledford at 723-3030 for more information.

**Wednesdays, now at 5:30pm**

## Beginner Yoga at Marcum-Wallace

Beginner Yoga class at Marcum & Wallace Hospital is held in the Mercy Room each Wednesday from 5:30 to 6:30

p.m. with instructor Laritza Gomez. The cost is one non-perishable food item for Helping Hands Outreach Ministry.

**Wednesday, June 5th at 6:30pm**

## Weekend on the Water Planning

Estill Action Group is seeking volunteers and sponsors for the Weekend on the Water kayaking/tubing event on Saturday, July 27, 2019 at the Kentucky River Recreation Park on Wiseman Crossing (off Dry Ridge Road) in Irvine.

prove recreation opportunities in Estill County.

All interested volunteers are invited to attend planning meetings at the Steam Engine Session Room on Main Street, Irvine, on Wednesdays, June 5th and June 26 at 6:30 p.m.

Last year, approximately 250 attendees enjoyed the beauty of Estill County's Kentucky River access and the community came together to enjoy and im-

If you would like to sponsor the event or have questions, please email estillationgroup@gmail.com or message Estill Action Group through Facebook.

**June 6th, 11th & 13th - 4-6pm**

## Diabetes Self Management

I want to thrive, not just survive! Are you ready to THRIVE with Diabetes? Join us for a Diabetes Self-Management Workshop on June 6th, 11th and 13th from 4-6 p.m. at Calvary Baptist Church. FREE childcare will be available through the extension of-

face.

Workshops sponsored by the Estill County Diabetes Coalition, Estill County Health Department, Mercy Health, Estill County Extension Office and Interfaith Wellness.

For more information, call (606) 723-5181 or 723-5447.

**Thursday, June 6th @ 5:30pm**

## Kiwanis Club of Irvine-Ravenna

The Kiwanis Club of Irvine-Ravenna will meet Thursday, June 6 at 5:30 p.m. at Steam Engine Pizza. Trena Stocker, from Marcum & Wallace Memorial Hospital, will be the speaker.

Board, and two mowings of the Old Irvine Cemetery on River Drive beside Citizens Guaranty Bank. Service is at the heart of every Kiwanis Club, no matter where in the 80 nations where Kiwanis Clubs are located.

Recent donations given by Kiwanis have been for the Public Library's Summer Reading Program, Estill County Food Bank, Estill County Ministerial Association, Kiwanis Park

Members focus on changing the world by serving children, one child and one community at a time. Jeff Hix is the current club president. We invite you to join Kiwanis!

**Friday, June 7th @ 9am**

## Retired Co. C Guard Breakfast

Attention: All retired and former National Guard members of Charlie Company 1/149th, there will be a breakfast at Cracker Barrel, in Rich-

mond, on Friday, June 7th, and on the first Friday of each month at 9 a.m.

All are invited and welcome. Hope to see you there!

**Friday, June 7th at 7:00pm**

## Sand Hill/Witt Springs Book Talk

The Estill County Historical and Genealogical Society will be hosting a talk with Jerry Rose and Jerry Eltzroth on the upcoming book featuring the people and places of the Sand Hill/Witt Springs area of Es-

till County on Friday, June 7, 2019. The talk begins at 7:00 p.m. in the Museum at 133 Broadway and runs during the Moonlight Market festivities that include live music, vendors, info booths, and farmer's market!

**Monday, June 10th @ 6:30pm**

## SEKY Gem, Mineral & Fossil

The Southeast KY Gem, Mineral, & Fossil Club will have its annual meeting and potluck meal on Monday, June 10 at 6:30 p.m. at the Wisemantown United Methodist Church's pavilion, 1358

Wisemantown Road, Irvine. The program will be a "Show and Tell".

Anyone interested in joining is welcome to attend. Yearly dues are \$20 per family and \$15 per individual.

**Tuesday, June 11th @ 7pm**

## DAV Chapter 94, Estill County

DAV Chapter 94 will be meeting at 7 p.m., June 11th and the second Tuesday of each month at Estill County Senior Citizens Center, off Stacy Lane.

If you are a veteran with 10 percent or more service con-

nection, you are welcome.

Call 1-606-663-2504 for more information.

We are veterans and we would appreciate your attendance. Veterans from surrounding counties are also welcome.

**Tuesday, June 11th meeting cancelled**

## Estill Democrat Woman's Club

Estill County Democrat Woman's Club has cancelled their meeting for June 11th and will meet again on Tuesday, July 9th and the second Tuesday of each month at the Estill County Golf Club from

5:30-7 p.m.

Come, join us. Together we can make a difference.

Future meetings will be August 13th, September 10th and October 8th.

**Starting Tuesday, June 11th**

## FREE Para-educator Training

The Estill County Adult Education Skills U will be having FREE paraeducator classes on the following dates at 200 Wallace Circle in Irvine:

Tuesday, June 11th

Thursday, June 13th

Tuesday, June 18th

Thursday, June 20th

There is no cost for this.

Register at the Estill County Adult Learning Center, 200 Wallace Circle in Irvine. Call (606) 723-7323 for more information.

Paraeducators can work at the following:

- Any school system in Kentucky
- Pre-school
- Head Start Program

**Friday, June 14th at 5:00pm**

## Estill County Relay for Life Cancer Survivor Dinner

The 2019 Estill County Relay for Life Committee and Marcum and Wallace Hospital would like to extend a special invitation to a Cancer Survivor Dinner on Friday, June 14th at the Estill County High School cafeteria.

Each cancer survivor is invited to bring one guest to the Cancer Survivor Dinner. Registration begins at 4:30 p.m. and the dinner begins at 5:00 p.m.

Following dinner, continue the celebration at Estill County Relay for Life at the Estill County High School track. Opening ceremony is at 6 p.m. and the Survivor lap is at 6:45 p.m. The Luminaria/Torch Ceremony is at 9:15 p.m.

Questions or need more information? Call 606-726-2119. You do not need to call and register for the Cancer Survivor Dinner.

**Wednesday, June 12th at 1:30pm**

## Kentucky Chemical Destruction Community Advisory Board

Mark your calendar for the Kentucky Chemical Demilitarization Citizens' Advisory Commission and Chemical Destruction Community Advisory Board meeting on Wednesday, June 12 at 1:30 p.m. at E-K-U's Carl D. Perkins Build-

ing, Rooms A and B.

This meeting is a good opportunity to learn more about the Blue Grass Chemical Agent-Destruction Pilot Plant at the Blue Grass Army Depot.

For more information, call (859) 626-8944.

**Tuesday June 18th**

## Workforce Opportunities

Attention Job Seekers

Call for an appointment!

• Are you in need of resume assistance?

• Do you need help finding jobs to apply for?

• Do you need help preparing for interviews?

• Do you need tuition assistance to go back to school to become more employable?

There are WIOA (Workforce Innovation Opportunities Act) services avail-

able to help.

Tuesday, June 18th 9am-12noon Estill County Adult Education; 1-4pm Estill County Library

Contact: Trina Bustle, Talent Development Specialist/Case Manager <tbustle@ckycareers.com> 859-361-6315 or Mary Fields, Estill Co. Adult Education/SkillsU <msadultedu@irvineonline.net> 606-723-7323

**Tuesday, June 18th @ 6:30pm**

## Estill County Lions Club

The Estill County Lions Club will meet Tuesday, June 18th, and on the first and third Tuesday of every month at the Irvine First Christian Church meeting room on

Main Street at 6:30 p.m.

Estill County Lions Club is part of Lions Club International, with 1.35 million members in 205 countries around the world.

**Monday, June 24th - 6:30pm**

## Democrat Executive Committee

The Estill County Democrat Executive Committee will be meeting Monday, June 24th at 6:30 p.m. and the 4th Monday of every month at the Estill County

Public Library, 246 Main Street.

For additional information you can email [Estill-countydemocrats@gmail.com](mailto:Estill-countydemocrats@gmail.com).

**Saturday, June 29th at 1:00pm**

## ECHS Class of '70 reunion

Estill County High School Class of 1970 will have their 49th annual reunion on Saturday, June 29, 2019 at 1:00

p.m. at Michael's Restaurant in Ravenna. All class members and teachers are welcome to attend.

**Saturday, July 6th at 1:00pm**

## ECHS 50th year reunion

Estill County High School Class of 1969 will have their 50th year class reunion on Saturday, July 6, 2019 at 6:00 p.m. at Steam Engine Pizza meeting room.

Members of the Class of '69 are asked to meet at the front of the central office at 6 p.m. for a group photo.

Another reunion planning meeting is scheduled for Saturday, June 8, at 2 p.m.

All class members and teachers are welcome to attend.

For more information on the planning meeting and/or reunion, please call 1 (859) 519-0563.

**Sunday, July 7th at 2:00pm**

## Amvets Post 67 in Clay City

Amvets Post 67, located at 99 Veterans Lane, Clay City holds its meeting monthly 1st Sunday of each month at 2:00 p.m. Also, everyone is invited

to Post 67 Clay City for Bingo every Monday. Doors open at 5:00 p.m. Bingo starts at 6:30 p.m. For more information, call 606-663-0071.

**Tuesday, July 23rd at 6:00pm**

## Understanding and Responding to Dementia-Related Behavior

Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn how to decode behavioral messages, identify common behavior triggers, and learn strategies to

help intervene with some of the most common behavioral challenges of Alzheimer's disease.

The program will take place at the Clark County Public Library located at 270 South Burns Avenue in Winchester on Tuesday, July 23rd from 6 p.m. - 7:30 p.m. Registration is required; please call 1-800-272-3900. Program provided by the Alzheimer's Association.

**Saturday, July 27th at 2:00pm**

## ECHS Class of 1964 55th Reunion

The Estill County High School Class of 1964 will be having its 55th Reunion on Saturday, July 27, 2019,

starting at 2:00 p.m. at Michael's Restaurant in Ravenna.

Please, spread the word!

# Inspiration

## Strait Way To Heaven

I wonder who will sing for me in the Chapel;  
As friends look on, what will they say?  
I wonder what words they will use to describe me;  
Will it be hard for them to find kind words that day?

Have I been a good neighbor to folks living around me;  
Have I been a Blessing to a friend passing by?  
Has my tongue uttered words that were unpleasant;  
Have my lips made gossip or spoken many lies?

Have I visited the SHUT INS who are helpless and lonely;  
Or cooked a good meal for some drifter on his way?  
Have I visited the Nursing Homes and prayed for the feeble?  
There is so many people who need comfort today.

Have I been careful along LIFE'S Highway?  
Only the Strait Way will lead to God's Throne.  
No grave can hold me when I hear the Saviour say,  
Enter in my child, you have made it home.

Madalene Wasson, February 2002

## You Gave Me Hope

CHORUS  
You gave me hope, when I was without  
Gray skies turned blue, when I trusted in you  
You lifted my spirits, to a new high  
You gave me wings, now I can fly

You lifted me out, of the pit of despair  
You lifted my load, which I could not bear  
Hope was no longer, a part of me  
But you opened my eyes, and hope I now see

There was a time, I did not know you  
Now the dark days are gone,  
the SON has shown thru  
I can see better, with each passing day  
It is plain to me, I am on the right way

Eternal life, is waiting for me  
Time without end, full of ecstasy  
This is the prize, I plan to make mine  
Hope gives me reason, to walk a straight line

Written by Price J. Rawlins

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